

## October 2024

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### Partner Highlights >>> Anne Frechette, MD



Anne Frechette, MSN, RNC-MNN, ANLC-P, is the manager for maternity and lactation services at the Elliot Hospital, where she has spent the past 23 years

in various roles within the obstetric department. Anne also holds certification for advanced nursing leadership. Passionate about quality and safety, Anne focuses on supporting optimal outcomes for birthing persons and infants. She is a NH AWHONN Coordinating team member and sits on the NH SUID review committee. Anne has led multiple process improvement implementations including Eat, Sleep, Console; Safe Sleep; and the AIM SUD and PMH Bundles. She believes in the power of nurses to implement change, evidenced-based practices, and support culture shifts. She says, “One nurse makes a difference, and I’m honored to return the support and guidance shown to me”. She suggests becoming active in your regional QI networks to affect change and improve outcomes. Please reach out to Anne for information about how her team navigated implementation road blocks on various projects. She can be reached at [afrechette@Elliot-HS.org](mailto:afrechette@Elliot-HS.org).

\*The NHPQC sees itself as facilitating resource sharing throughout the state. However, resources shared in this column are not endorsed by Dartmouth Health.



National Midwifery Week 2024

## MIDWIVES LOOKING TO THE FUTURE

October 6 - 12, 2024

Source: ACNM Website

## NHPQC Receives Maternal Health Innovation Grant

We are thrilled to announce that the NHPQC has received the HRSA Maternal Health Innovation Grant. The grant now funds the NHPQC at \$1M per year, through September 2029. This grant has exponentially increased our capacity to reach our goals and achieve our vision for the NHPQC. We are excited to begin this journey with our partners who have been with us since the beginning, and those who will join us in this new endeavor.

### So, what is the plan!?

Key highlights of our grant include:

- Building on our current Core Co-Design Team to create a statewide Maternal Health Task Force (MHTF).
- Ensuring equitable representation on task force and from populations disproportionately impacted by maternal mortality and severe maternal morbidity.

- The MHTF will develop a more detailed statewide maternal health strategic plan
- Building an infrastructure to increase the quality of state data collected
- Hire a data expert for this data improvement work
- Hire community coordinators for several regional coalitions
- Funding to support select community-based QI projects identified by coalitions
- Funding to support community member participation in MHTF and coalition work
- Initiative to increase the awareness and response rate for PRAMS (pregnancy risk monitoring system) survey

This work is just beginning! We will keep our partners apprised of our projects and priorities as we move forward.

# Celebrating our Midwives!

There is a wealth of scientific evidence that birth outcomes and patient experiences are improved with midwife-provided care. The research extends to support scaling midwifery services, particularly in resource-constrained environments, to lower maternal and infant mortality rates. The American College of Nurse-Midwives (ACNM) says, “The profession of midwifery is rooted in the past but essential to the future” referring to midwifery’s promise for being a cost-effective, affordable, and sustainable option. In NH, midwives attend about a quarter of births, making us a state with one of the highest percentages of midwife-attended births. They continue to be an integral part of our state’s perinatal care teams. NNEPQIN and the NHPQC are honored to be led by our own midwife, Julie Bosak, DrPH, CNM, MSN.



The ACNM is hosting a number of events starting with a virtual [Midwives PAC Rally, Sunday, October 6, 2024, at 5:30 PM ET](#) followed by a series of workshops throughout the week. See their [Participation Toolkit](#) for all the ways you can celebrate.



Source: Christian Bowen on Upsplash

## Meet Petrice, Perinatal Nurse Educator!



I am a 20-year resident of the Upper Valley while raising my family and enjoying my favorite hobby as a pastel artist. I am honored to have spent 30 years bedside nursing to care for families and bring babies into the world. I have a Master’s Degree in Nursing, and multiple obstetrical certifications.

My new role is a Maternal Mortality Review Case Abstractor and Perinatal Outreach Nurse for the NHPQC. I will work with the State of NH and the CDC to examine and collect data related to Maternal Mortality to develop and implement recommendations to improve our Maternal Mortality. I am committed to making a meaningful impact on one of our most vulnerable populations, striving to drive change and improve maternal care on a broader scale.

### Upcoming Maternal Health Educational Opportunities>>>

- **October 2nd 1-2:30pm:** Strengthening Behavioral Health Services for Hispanic/Latino Populations. [Register](#)
- **October 10th 12-1:** Integrating PMHC into Care and Workflows. [Register](#)
- **October 10th 4-5:30pm:** Tools + Community to step up preparedness for emergency perinatal transfers [Register](#).
- **October 17th 10-11am:** Labor & Birth in People with Excess Adiposity [Register](#).
- **October 17th 3-4pm:** AIM TAP Postpartum Discharge Transition. [Register](#)

Visit the NHPQC website at:

<https://www.nnepqin.org/home/new-hampshire-perinatal-quality-collaborative-nhpqc/>

### Contact us at:

**General Email:** [NHPQC@hitchcock.org](mailto:NHPQC@hitchcock.org)

**Director, Julie Bosak:**

E: [Julie.S.Bosak@hitchcock.org](mailto:Julie.S.Bosak@hitchcock.org); P: (603)-653-1236

**Coordinator, Stephanie Langlois:**

E: [Stephanie.E.Langlois@hitchcock.org](mailto:Stephanie.E.Langlois@hitchcock.org); P: (603)-308-9469

Visit the NHPQC website [here](#).

